

VITA-E COMPLEX® SOFTGEL

Natural E for Heart, Brain, Colon, Prostate, and Immune Health

A powerful fat-soluble antioxidant, vitamin E supports heart, brain, and prostate health and promotes lung, colon, and immune function.

A study conducted by researchers at Tufts University shows that taking vitamin E improves immune function in the elderly.¹

- 400 IU of naturally sourced vitamin E.
- 65 mg of selenium to complement the activity of vitamin E.
- 38 mg of grapeseed extract containing proanthocyanidins, compounds that appear to have more powerful antioxidant properties than both vitamins C and E.*

Vita-E Complex®

30 Soft gels	#20116	30 servings
120 Soft gels	#20112	120 servings.

1. Meydani, SN, Meydani M, Blumberg JB, et al. Vitamin E supplementation and in vivo immune response in healthy elderly subjects; a randomized control trial. *Journal of the American Medical Association* 1997; 277:1380-1386

*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.